

Go Nuts 'n' Berries

A lip-smacking, super healthy nutrition bar

Health. When you have it, life is good. Every day is an adventure. Which is why, every day, you're faced with different choices to support your healthy lifestyle.

Choosing USANA means choosing health. Choosing life. So go ahead and indulge. And then get back to what matters most. You know you want to.

GO NUTS 'N' BERRIES

Peanuts, almonds, chia, and flaxseeds come together with raisins and cranberries, creating a perfect union between taste and nutrition.

Salty and sweet—two opposite ends of the taste spectrum. But no one is going to stop us from combining the saltiness of protein-packed peanuts and almonds with the sweetness of antioxidant-rich raisins and dried cranberries. Trust us—you'll thank us once your taste buds get a taste of this salty sweet treat.

EAT TO YOUR ADVANTAGE

- 500mg Omega-3 ALA
- Low Glycemic Index
- Heart healthy
- All-natural ingredients
- No cholesterol
- Vegan
- Low sodium
- No hydrogenated oils
- Non-GMO
- No trans fats
- "Superfood" ingredients

FOR OUR CUSTOMERS WITH FOOD ALLERGIES:

No gluten, dairy, eggs, or soy are used in this product. **Go Nuts 'n' Berries** is manufactured on equipment that also processes products containing wheat, milk, eggs, and soybeans.



ITEM #234

Nutrition Facts

Serving Size: 1 bar (33 g)
Servings per container: 14

Amount per serving	
Calories 150	Calories from fat 70
% Daily Value*	
Total Fat 7 g	11%
Saturated fat 1 g	5%
Trans fat 0 g	
Cholesterol 0 mg	0%
Sodium 110 mg	5%
Potassium 140 mg	4%
Total Carbohydrate 18 g	6%
Dietary Fiber 2 g	8%
Sugars 12 g	
Protein 3 g	6%
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.	
	Calories: 2,000 2,500
Total fat	Less than 65 g 80 g
Saturated fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

INGREDIENTS: INGREDIENTS: PEANUTS, BROWN RICE SYRUP, RAISINS, ALMONDS, DRIED CRANBERRIES, EVAPORATED CANE SYRUP, FLAXSEED, DRIED CANE SYRUP, APPLE JUICE CONCENTRATE, WALNUTS, CHIA SEED, SALT, HIGH OLEIC SUNFLOWER OIL. CONTAINS PEANUTS, ALMONDS, WALNUTS. STORE AT ROOM TEMPERATURE (25 °C)

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